

## A7303 Tom's Pies Vegan Spiced Cauliflower, Lentil



**Pack Size:** 6x260g

**Number of Portions:** 0.000

**Details:** Tom's Pies Vegan Spiced Cauliflower, Lentil & Spinach Pies are a delicious and healthy vegan alternative to traditional meat pies. They are made with quality ingredients and are bursting with flavour from a blend of spices, cauliflower, lentils and spinach. The pies are also low in fat and are full of vitamins and minerals, making them a nutritious and tasty treat. Perfect for lunch, dinner or as part of a snack platter.



**Ingredients:** WHEAT flour [with calcium carbonate, iron, niacin, thiamin, flour treatment agent (E920)], water, margarine [vegetable oils and fats (palm, rapeseed), water, salt, lemon juice, emulsifier (E471), natural flavouring, colours (E160b(i),

**Preparation:** Defrost before use.

Remove all packaging including foil. Place on a baking tray and bake for 18-20 minutes in a preheated 180-190°C oven, until core temperature exceeds 75°C for 30 seconds or equivalent (or apply relevant national equivalent).

### Allergen Information

**Contains:**

Gluten, Palm Oil, Mustard

**Free from:**

Celery, Crustaceans, Eggs, Fish, GM, Lupin, Molluscs, Tree Nuts, Milk, Peanuts, Sesame Seeds, Sulphur Dioxide, Soyabeans

**Suitable for:**

Vegetarians, Vegans

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